




SuvaDiva Spa




A close-up photograph of several pink flower buds on a thin, brown branch. The buds are in various stages of opening, with some showing more petals than others. The background is a soft, out-of-focus light grey.

Suvadive, the ancient name of the three southernmost atolls of the Maldives archipelago is located at a short distance from the equator. An ideal place for those who love pure untouched nature, turquoise lagoons and beautiful coral reefs, this atoll has a pristine underwater ecosystem with rich marine life.

Inheriting the name from Suvadive, the SUVADIVA spa is a perfect place to revitalize and indulge in the pleasure of absolute relaxation. Escape in the sensory pleasures of SUVADIVA Spa treatments exclusively using quality products from Asia. Unwind in the paradise island where the crystal water and wind come together offering you a precious and unforgettable experience.

Welcome to Suvadiva Spa

A photograph of a thin, brown, woody branch extending diagonally from the top left towards the bottom right. The branch features several pink flowers and buds. One flower is in full bloom, showing multiple layers of pink petals. Other buds are partially open, with some green sepals visible. The background is a plain, light gray.

At Suvadiva Spa, we understand what you need; we also can feel it and solve it by the Asian and European treatment techniques. Specially using local ingredient as a benefit of the treatment. To provide according what you really need, some of body massage with different oil and benefit will pampered you.

Suvadiva Spa is heaven on earth. With its indigenous Asian and European massage style and techniques, our spa offers therapies and massages using local ingredients and special essential oils. Come, get pampered with your partner while you unwind and let your soul sink in with the pristine island of Kooddoo.

Signature Therapies

Tranquility Massage

This massage will surely make you feel comfortable and will take you to a zone of deep relaxation. Using indigenous Asian traditional healing combined with Swedish massage techniques that include palm and thumb pressure points to release stress and stiffness in your body, the massage helps in improving blood circulation, sleep and relaxation.

60 min | 90 min

Intense Muscles Massage

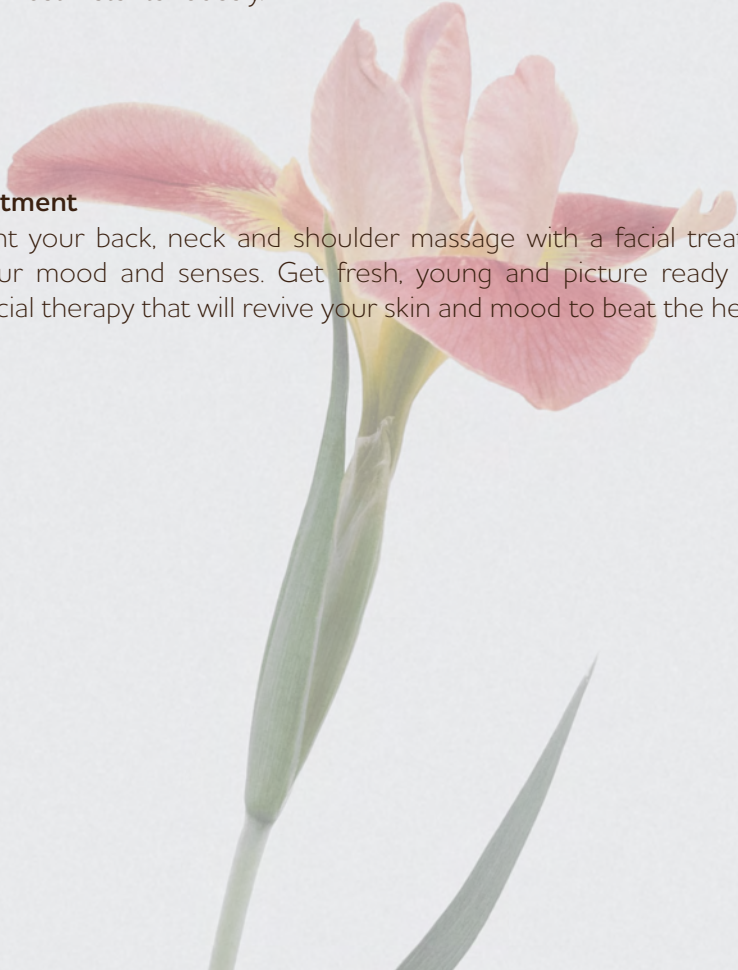
This massage is for people who have deep tension muscles. The massage comprises of relaxing massage techniques that use long strokes and elbow technique that will relax your tension muscles. This massage is perfect for you relax, rejuvenate and to be full of energy while you resume back your activities.

60 min | 90 min

Island Signature Massage

The signature in-house massage combines both relaxing and stretching massage techniques to enhance and rejuvenate every muscle in your body. Using exotic essential oils, our team of therapists are well equipped and experienced to heal your mind, body and soul with the therapies.

60 min



Pregnancy Massage

Pregnancy comes with stress and mood swings. If you are a soon-to-be mommy, this massage is for you. With gentle and focused massages using virgin coconut oil, our Pregnancy massage is designed to help you relax and unwind helping you de stress almost instantaneously.

60 min

Facial Treatment

Compliment your back, neck and shoulder massage with a facial treatment to refresh your mood and senses. Get fresh, young and picture ready with the amazing facial therapy that will revive your skin and mood to beat the heat of the island.

60 min

Special Care

Body Scrub

Rejuvenate yourself from pollutants and dead skin with our Body Scrub massage. Made from natural ingredients and essential oils for a soft, smooth and clean skin, the massage will surely leave you refreshed.

Body Wrap

The Body Wrap treatment is the perfect combination after the body scrubbing therapy. This is highly recommended for great skin results. This treatment helps you in nourishing, detoxifying, softening and improving the quality your skin.

45 min

- ✂ Nourishing and Relaxation - Chocolate Scrub & Chocolate Mask
- ✂ Herbal and Detoxifying – Balinese Scrub & Boreh Mask
- ✂ Energizing & Fresh – Mango Scrub & Fruity Mask
- ✂ Soft & Good Smell – Coffee Coconut Scrub



Hair Scalp Treatment

It is always recommended to use natural ingredients to pamper yourself. Rosemary and Coconut oil are considered the perfect match to help your hair scalp from dandruff, itchiness, improving blood circulation in your hair, fostering hair growth, and fixing damage hair. Compliment the hair scalp treatment with a back and neck shoulder massage to complete the therapy.

45 min

Natural Soothing Treatment

Natural ingredients protects the skin from the sun. With coconut scrub, cool yogurt body wrap, Aloe Vera gel and slices of cucumber, the Suvadiva spa has therapies that will reduce your skin burning sensation and make you feel comfortable and better.

45 min

Kid's Massage

Here is a fun and cute massage for your little ones. With experienced professional therapists at work, the kid's massage is designed to help improve the immune system, blood circulation and help them catch some good sleep. Give your children a never-like-before experience in the island.

45 min

Foot Massage

Your feet carries your entire body weight and it is important to pamper them occasionally. At Suvadiva Spa, we use acupressure technique, identifying the pressure points on the sole of your feet to help you relax and restore energy.

45 min

Love Two-gether

The Chocolate Lovers

Nourish your mind, body and soul with the Chocolate therapy. Relax with the chocolate scrub made from cocoa and rice and the chocolate mask made from clay while you sink in to the sweet aroma of chocolate. Pamper yourself with a full body massage using chocolate massage oil and enjoy the complimentary sparkling wine along with a couple bubble bath.

120 min

Deep Relax Couple Journey

Here is a complete healing treatment to detoxify all the toxins from your body. Using traditional and natural ingredients like ginger and clove, our experienced therapists use clay for Balinese scrub and Boreh mask. Relax and release deep stiffness and muscle tension with our signature deep tissue massage. Complete the therapy with relaxing scalp massage to stimulate hair growth and blood circulation.

120 min

Beauty Ritual

Here is a spa therapy designed to energize and refresh your skin and mood. Using mango scrub and fruity masks, the beauty ritual spa is a combination with bodymassage and hydrating facial treatment that gives you healthy and beautiful skin.

120 min



Spa Etiquette

SPA ARRIVAL

- ✿ Kindly arrive at least 15 minutes prior to the scheduled appointment time
 - Late arrival will decrease the time of your treatment
- ✿ Prior to your treatment you will be asked to complete a confidential questionnaire to assess your suitability for any treatment carrying contraindication

PREGNANCY SPA

- ✿ We will use special massage oil for “ Mother-to-be ” to make it more relaxing and comfortable

SPA CANCELLATION POLICY

- ✿ 50% charge will applicable on reservations cancelled less than 6 hours prior your treatment

GENERAL SPA COURTESY

- ✿ We recommend that you leave your jewelry in the safe provided in your villa as we take no responsibility for any loss or damage.
- ✿ As a courtesy to all our guests we offer an environment that is free from mobile phones and other technology distractions.

MORE ABOUT THE SPA

- ✿ The Spa is open from 09:00 to 20:00 daily.
- ✿ Guests under 16 years of age will need to accompany by parent or guardian
- ✿ You may contact the spa directly from your villa on the extension 404.
- ✿ All treatments will be charged to your villa and will appear on your account at the time of check out.





SuvaDiva Spa

Call #404 or the front desk for appointments
Spa Timings: 9:00 AM - 8:00 PM, all days of the week



MALDIVES KOODDOO

Gaafu Alifu Atoll 20219, Kooddoo Island, Maldives Tel: +9606820003